

Great Goals of Precious Human Life and Their Achievement

Volume - 8

(The contents of this booklet have been taken out from the newly prepared Text Book titled "Life Building Science" on a newly conceived and designed subject of "Value Education for Life Building and Successful Living" for study by our modern students)

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This booklet is meant for free distribution amongst our dear modern students, with a fervent prayer to them to kindly study the booklet earnestly and meticulously, put the knowledge gained from the teachings contained in the book into practice in their day-to-day lives sincerely and diligently, and thereby, derive immense benefits for themselves throughout their lives. This is in their own interest and for their highest welfare and supreme good.

They are also requested to kindly bring this booklet to the knowledge of maximum number of their classmates and friends so that they also can derive similar benefits for themselves.

Views of Students; Teachers and Professors; School, College and University Authorities; Educationists and Academicians; Parents and Guardians and all other Readers, on this booklet are humbly and earnestly invited in the following address:-

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PRAYERS

धीयो यो नः प्रचोदयात्

May That Supreme Being impel our intellect
towards the right path.

असतो मा सद्गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्मा अमृतं गमय ॥

Lead us from unreal unto Real,
Lead us from darkness unto Light,
Lead us from death unto Immortality.

आ नो भद्राः क्रतवो यन्तु विश्वतः

Let noble thoughts come to us from all sides.

सा विद्या या विमुक्तये

Knowledge is that which liberates.

उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत ।

Arise ! Awake ! Having reached the
great (teacher), learn (realise that Atman).

अज्ञानतिमिरान्धस्य ज्ञानाञ्जनशलाकया ।

चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ॥

I prostrate to that Sadguru, Who opens, with the
Collyrium-stick of Knowledge, the eyes of him who
is rendered blind by the darkness of ignorance.

ॐ सह नाववतु । सह नौ भुनक्तु ।

सह वीर्यं करवावहै । तेजस्विनावधीतमस्तु मा विद्विषावहै ॥

ॐ शान्तिः शान्तिः शान्तिः ।

May He (The Supreme Being) protect us both (the teacher
and the taught). May He cause us both to enjoy the bliss of
Mukti (liberation). May we both exert to find out the true
meaning of the scriptures. May our studies be fruitful.

May we never quarrel with each other.

वसुधैव कुटुम्बकम्

The whole universe is one family.

ॐ सर्वेषां स्वस्ति भवतु । सर्वेषां शान्तिर्भवतु ।

सर्वेषां पुर्णं भवतु । सर्वेषां मङ्गलं भवतु ॥

May asupiciousness be unto all,

May peace be unto all,

May fullness be unto all,

May prosperity be unto all.

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत् ॥

May all be happy,

May all be free from disabilities,

May all behold what is auspiciousness,

May none suffer from sorrows.

लोका समस्ता सुखिनो भवन्तु ।

May Happiness be unto all Beings.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पुर्णमेवावशिष्यते ॥

Om ! That (Brahman) is full. This (Universe) is Full.

From That (Brahman) Full, this (Universe) Full has come.

When this (Universe) full is taken from That (Brahman) full,

It (Brahman) always remains Full.

Peace be to the East ! Peace be to the West !

Peace be to the North ! Peace be to the South !

Peace be above ! Peace be below !

Peace be to all creatures of this universe !!

ॐ शान्तिः शान्तिः शान्तिः ।

Om ! Peace, Peace, Peace.

Life Building Science

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Life Building and Successful Living - Ways and Means — II

Introduction

Great Goals of Precious Human Life and Their Achievement

(We have discussed in the previous write-up on "Life Building and Successful Living — Ways and Means — I — Introduction — Precious Human Life and Its Proper Building" that, as stated in our ancient Spiritual Scriptures and as said by our *Rishis*, *Munis*, Saints and Sages, and according to our great, glorious, lofty, unique and ideal ancient Indian Culture or *Bharatiya Sanskruti*, human life upon this earth plane is precious; that human beings need to make endeavours to attain liberation of their individual souls from the cycle of births and deaths or *Moksha* in their present human birth itself; that they need to live both "Spiritual Life" and "Secular Life"; and that they need to achieve some great goals in their life, so that they can live their precious human life upon this earth plane ideally and successfully, i.e. completely, purposefully, prosperously, happily and peacefully. In this write-up, we will discuss about those great goals of human life).

It would be observed from the discussion made in the previous write-up on "Life Building and Successful Living — Ways and Means — I — Introduction — Precious Human Life and Its Proper Building" that human beings need to live "Spiritual Life" in order to attain liberation of their individual Souls from the cycle of births and deaths or Merger/ Union of the individual Soul with the Supreme Soul or *Moksha*, which is called Self-realisation or God-realisation; and that this is the higher purpose of precious human life. As stated in our ancient Spiritual Scriptures and as said by our *Rishis*, *Munis*, Saints and Sages, and according to our great, glorious, lofty, unique and ideal ancient Indian

Culture or *Bharatiya Sanskruti*, this higher purpose of liberation of individual souls from the cycle of births and deaths or attainment of *Moksha*, is one great goal of precious human life. This great goal is called the "Spiritual Goal". As stated earlier, for achievement of this great goal or higher purpose of human life only, the Creator has gifted this human birth to human beings, after they have taken their innumerable births in 84 lac species of life, including the life of plants, trees, insects, birds and animals. Our ancient Spiritual Scriptures and our *Rishis*, *Munis*, Saints and Sages further say that achievement of this great goal bestows everlasting happiness and eternal peace, and results in permanent cessation of worldly sorrows and sufferings in human life. Therefore, they say that this great goal is the supreme great goal or the primary great goal or the higher purpose of precious human life. Hence, achievement of this supreme great goal is stated as vitally necessary, extremely important and most indispensable for human beings for living an ideal, successful, happy and peaceful human life upon this earth plane. Therefore, human beings need to achieve the same without fail.

In view of the same, our ancient Spiritual Scriptures and our *Rishis*, *Munis*, Saints and Sages also exhort time and again that human beings need to be wise and make their best endeavours to achieve the said supreme great goal or the higher purpose of ideal human life, that too, in their present human birth itself. Human beings can do so by living what is called the "Spiritual Life" as stated earlier.

It would further be observed from the discussion made in the aforesaid previous write-up that while living the "Spiritual Life", human beings need to live the "Secular Life" also. Human beings need to live the "Secular Life" also for two purposes, as stated hereunder.

The first purpose of living the "Secular Life" is stated in this paragraph. While living the "Spiritual Life", human beings

live upon this earth plane for some period. For survival of their physical body during such period, they need to simultaneously take to some income generating activity through some profession, vocation, occupation, business, agriculture, etc.; and through such activity, they make endeavours to achieve economic prosperity, i.e. they earn money and acquire material wealth. By utilising the money so earned and the material wealth so acquired, they meet the basic necessities of life such as food, clothing, housing, medicines, etc. for themselves and their family members. They also arrange for better education of their children in reputed educational institutions; engagement of their children in some good profession, vocation, occupation, business, agriculture, etc.; ceremonious marriages of their sons/daughters with good candidates in economically wealthy and socially renowned families; and to meet their other family needs befitting their family and social status. They also utilise money and material wealth to meet their various kinds of religious, spiritual, social and national needs. As stated in our ancient Spiritual Scriptures and as said by our *Rishis*, *Munis*, Saints and Sages, and according to our great, glorious, lofty, unique and ideal ancient Indian Culture or *Bharatiya Sanskruti*, this purpose of acquiring economic prosperity or earning money and acquiring material is called *Artha*; and this is one great goal of precious human life. Achievement of this great goal of precious human life is inevitable for living a prosperous, smooth, comfortable and happy human life upon this earth plane.

The second purpose of living the "Secular Life" is stated in this paragraph. With the help of economic prosperity so acquired or by utilising the money so earned and the material wealth so acquired, human beings also fulfill their various types of vital physical, biological and psychological and other worldly desires in order to live a pleasurable and happy worldly life. As stated in our ancient Spiritual Scriptures and as said by our *Rishis*,

Munis, Saints and Sages, and according to our great, glorious, lofty, unique and ideal ancient Indian Culture or *Bharatiya Sanskruti*, such fulfillment of vital worldly desires is called *Kama*; and this is another great goal of precious human life. Achievement of this great goal of precious human life is inevitable for living a satisfying, contented, pleasurable and happy human life upon this earth plane.

Still there is another purpose of precious human life and the same is stated in this paragraph. In connection with the above two great goals, i.e. *Artha* and *Kama*, the most relevant and the most important point to be noted is that (i) *Artha* i.e. achievement of economic prosperity by earning of money and acquiring of material wealth needs to be made by human beings in the righteous ways or ethical ways or in accordance with the ethical code of conduct, i.e. by honest and fair means and without causing harm or loss to other beings, as prescribed in our ancient Spiritual Scriptures, so that it does not give them sorrows, sufferings and miseries but, instead, bestow true prosperity, real happiness and peace upon them; and that (ii) *Kama* or fulfillment of vital physical, biological, psychological and other worldly desires of human beings need to be moral, ethical, legitimate and justifiable ones; as prescribed in our ancient Spiritual Scriptures, so that it does not give them sorrows and sufferings but, instead, bestow happiness and peace in their life. That means, both the said great goals, i.e. *Artha* and *Kama*, are to be achieved in accordance with the righteous ways or by adhering to the rules of ethics or in accordance with the ethical code of conduct, which is known as *Dharma* in our ancient Spiritual Scriptures. Therefore, as stated in our ancient Spiritual Scriptures and as said by our *Rishis*, *Munis*, Saints and Sages, and according to our great, glorious, lofty, unique and ideal ancient Indian Culture or *Bharatiya Sanskruti*, adherence to righteousness or ethical code of conduct or *Dharma*, in course of acquiring of economic prosperity, called

Artha, and fulfillment of vital worldly desires, called *Kama*, is another great goal of precious human life.

Further, *Dharma* or righteousness or ethical values is stated as humanly; and is the part and parcel of human life. *Dharma* is also stated to be synonymous with human life; and without *Dharma*, the life of a human being is said to be similar to the life of an animal. Further, *Dharma* bestows prosperity in this world, and results in total cessation of pain and attainment of eternal bliss hereafter. Therefore, *Dharma* or righteousness or ethical values is stated as the basic necessity of human life and is the fundamental great goal of ideal human life.

In addition to the above, in connection with achievement of the supreme great goal of human life, i.e. *Moksha* or liberation of the individual soul from the cycle of births and deaths by living of spiritual life, adherence to righteousness or ethical conduct or ethical values or *dharma* is stated to be foundational for living of successful spiritual life. In other words, success can not be achieved in spiritual life without adhering to righteousness or ethical conduct or ethical values or *dharma*. Therefore, adherence to righteousness or ethical code of conduct or *dharma* in all activities in course of living of spiritual life is considered foundational and necessary for attaining success in achievement of the supreme grand goal of *Moksha* in human life. Thus, *Dharma* contributes to *Moksha*. It is also stated that *Dharma* leads to achievement of the supreme great goal of human life, i.e. *Moksha* or liberation of the individual soul from the cycle of births and deaths, by way of living of spiritual life, in so far as *Dharma* is defined as "Duty", and in so far as living of "Spiritual Life" is considered as the "Highest Duty" of human beings.

Thus, *Dharma* is part and parcel of human life; it governs two great goals of *Artha* and *Kama*; and it contributes and leads to achievement of the supreme grand goal of *Moksha* in human life. Therefore, our ancient Spiritual Scriptures and our *Rishis*, *Munis*, Saints and Sages say that adherence to righteousness or

ethical code of conduct or *Dharma* is the first, foremost, fundamental and foundational great goal of ideal human life. Therefore also, they further say that *Dharma*, like *Moksha*, is the primary great goal of ideal human life. In view of the same, *Dharma* is stated as indispensable for living an ideal, successful, happy and peaceful human life upon this earth plane.

Therefore, our ancient Spiritual Scriptures and our *Rishis, Munis*, Saints and Sages exhort time and again that human beings need be wise and adhere to righteousness or ethical code of conduct or *Dharma* in all activities in all spheres of their day-to-day life. Human beings can do so by living what is called the "Religious Life" or "*Dharmik* Life". Achievement of this great goal of *Dharma*, like achievement of the supreme great goal of *Moksha*, is also vitally necessary, extremely important and most indispensable for human beings. Therefore, human beings need to achieve the same without fail.

The above four great goals of precious human life have been placed in the right order in our ancient Spiritual Scriptures as *Dharma, Artha, Kama* and *Moksha*. These four great goals are called "*Purushartha Chatusthaya*" in our ancient Spiritual Scriptures. Human beings need to achieve all these four great goals of human life so that living of their precious and rare human life upon this earth plane becomes ideal, successful, complete, purposeful, prosperous, happy and peaceful; and thereby, they derive everlasting happiness and eternal peace, with permanent cessation of sorrows and sufferings of human life. This is extremely necessary as well as tremendously important.

From the above discussions, one can visualise how great are the above four great goals of precious human life and how necessary and important it is for human beings to achieve all these four great goals of precious human life so that they can live their precious human life upon this earth plane ideally, successfully, completely, purposefully, prosperously, happily and peacefully !

When human life upon this earth plane is so precious, and when human beings need to achieve all the four great goals of ideal human life for living their precious human life ideally, successfully, completely, purposefully, prosperously, happily and peacefully, one can visualise how important it is for human beings to build their precious human life rightly and that too, at the right time of life ! This is extremely necessary as well as tremendously important.

Now, two questions arise. The first question is, how human beings need to build their precious human life rightly, and the second question is, which is the right time of precious human life to build the same rightly ?

We will discuss the first question, that is, how human beings need to build their precious human life rightly, in details, subsequently in two later write-ups on "Life Building and Successful Living — Ways and Means — IV — Building the Precious Human Life — Laying the Foundation of Precious Human Life" and "Life Building and Successful Living — Ways and Means — V — Building the Precious Human Life — Constructiing the Superstructure of Precious Human Life".

We will discuss the second question, that is, which is the right time of precious human life to build the same rightly in the next write-up on "Life Building and Successful Living — Ways and Means — III — Introduction — Golden Student Life and Youth Period — The Right Period for Building of Human Life".

Questions

1. Why do human beings need to live "Spiritual Life" ? What is the supreme great goal of precious human life? (Marks - 5)
2. What is the first purpose of living the "Secular Life" by human beings? (Marks - 5)
3. What is the second purpose of living the "Secular Life" by human beings? (Marks - 5)

Dear Modern Students !

You can study the soft copy of other write-ups and all other lessons on the subject of "Life-building, Character-building and Man-making Education", which are contained in the newly conceived, designed and prepared Text Book titled "Life Building Science", in the Internet Archive.

You can do so by accessing internet through any browser, logging in <archive.org>, clicking - <Advance Search> (A box of fields will appear on the screen), typing <Mohan Lal Agrawal> in the field "Creator" and clicking <Search>. The above books in PDF format will be displayed.

NOTE

List of Complete Publications and Videos of the Author

A. Publications

Students related publications

1. Youth ! Arise, Awake and Adopt the Right Path of Life (16 volumes)
2. Value Education for Life building and Successful Living
3. Life Building Science (Text Book)
4. Valedictory Address to Modern Students
5. Students' Awareness Programme
6. Noble Character, Ethical Conduct and Celibacy

Teachers related publications

1. Teaching Profession - Its True Dimensions
2. Teachers' Orientation Programme

Other publications

1. God's Unique Gifts to Modern Mankind - Swami Sivananda and Sivananda Literature (02 volumes)
2. Lead us from darkness unto Light (02 volumes)

The soft copies of all the above books are available in the "Internet Archive" and can be searched / accessed as under:-

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B. Videos

Students, as well as Teachers, Parents and Guardians can watch one 04 Days Students' Awareness Programmes on "Value Education for Life Building and Successful Living", with

one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ).

Students, as well as Teachers, Parents and Guardians can watch the Certificate Course on "Life Building and Successful Living", with one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Life Building Science>, (Link:-https://www.youtube.com/channel/UC_engDsJG4yfEEM6e9UQuEA); and also in the aforesaid Internet Archive.

In case one "01 Day Students' Awareness Programme", with the write-ups of the book titled "Students' Awareness Programme", is organised in future in some school, our revered Students and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "ODSAP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ).

In case one "01 Day Teachers' Orientation Programme", with the write-ups of the book titled "Teachers' Orientation Programme", is organised in future in some school, our revered Teachers and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "TOP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ).